SOAR - Surviving Abuse with Resilience

Are you a victim of Domestic Violence?
Are you a survivor of Domestic Violence?
Are you a close relative or friend of someone who is a victim?
Do you work with victims, survivors and their children?

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How can we, as a support group, help you?

What would you like to know more about?
Do you have any suggestions?
Do you wish to get more involved?
Do you have a skill that can help us?
Do you wish to share an experience with SOAR members or the general public?
Contact us and tell us all about it!

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Domestic Violence Support and Advocacy Group

St. Jeanne Antide Foundation
51 Tarxien Road, Tarxien, XN 1090 - Malta
Tel: 2180981, 2180911, 27672367
www.antidemalta.com
facebook: Soar Malta
E-mail: soarmalta@gmail.com

Helping you help yourself!

Find us on Facebook
Email: soarmalta@gmail.com
A voice for victims of violence in families and intimate relationships.....

Why SOAR?

We picked SOAR for our group’s name because as a group we want to look at ourselves as resilient persons who are able to rise up from our unacceptable painful present and to fly and glide to become who we are meant to be – persons worthy of love, compassion and respect.

We chose the Phoenix in our logo because it represents rising from the ashes.

Who is behind SOAR?

We are a group of women who have experienced the horrors of domestic violence. We came together and talked about the need for a support and advocacy group for both adults and children. We turned to the NGO St. Jeanne Antide Foundation to help us realise our aim to provide victims and survivors with a holistic and informative service that will help them help themselves!

What is Domestic Violence?

According to the Maltese Domestic Violence Act: “domestic violence” means any act of violence, even if only verbal, perpetrated by a household member upon another household member and includes any omission which causes physical or moral harm to the other.”

Different forms of abuse include:
- Verbal
- Physical
- Emotional & Psychological
- Financial
- Sexual

It’s about Power and Control!

Domestic Violence affects 1 in 4 women.

But it’s not just women. Men suffer too, mostly verbal, emotional and psychological abuse. Children suffer from the witnessing of abuse and stand a greater risk of becoming adult victims or perpetrators of violence.

Feedback from YOU! Do you have ideas you wish to share? Is there something you would like to see happening through SOAR? Please fill in our feedback form or contact us via Email, telephone or Facebook!

We want:
- To be an information point for victims of domestic violence.
- To be a supportive network of domestic violence victims and survivors.
- To raise more awareness amongst the general public.
- To advocate on behalf of its members.